

# PURIFICAR

普力活

REFRESHING, EVERYDAY LIGHTNESS

**PURIFICAR combines 5 kinds of dietary fibre and 3 more health-promoting ingredients for the support of good intestinal health**

Dietary fiber is known as the “sixth nutrient” and is indispensable to the maintenance of good health. However, hectic modern lifestyles make it difficult to consume nutritionally-balanced, let alone fiber-rich, meals. The new and improved PURIFICAR boasts the unique S-FIBER blend of 5 kinds of fiber, designed to provide a balanced and holistic fiber supplement to your diet. What's more, PURIFICAR comes packed with 3 more health-promoting ingredients, so you can enjoy a host of healthcare benefits from just a single product. Supplementing your diet with PURIFICAR is so easy. Say hello to burden-free days!



**Naturally Plus**

NATURALLY PLUS SINGAPORE PTE. LTD.  
163 Penang Road #05-02/03 Winsland House II Singapore 238463  
Company Registration No. 200721450W [www.naturally-plus.com](http://www.naturally-plus.com)

**TOLL-FREE**

For local calls only.

**1800-226-3353**

**Operating Hours**

Weekdays 11:00~21:00  
(Last order at 20:30)

# BRINGING YOU AN EVEN BETTER DIETARY FIBER SUPPLEMENT

Check our our new and improved formula!

## What is S-FIBER?

S-FIBER stands for Satisfactory Fiber. It is a combination of 5 kinds of dietary fiber, and is designed to satisfy the body's need for dietary fiber in terms of both quantity and quality. S-FIBER has obtained a utility model patent in Taiwan.

## Fortified with as many as 7 different enzymes

The new enzyme complex is formulated with as many as 7 different enzymes which supports the digestion of carbohydrates, proteins, fats, and other nutrients, and help to improve the efficiency of nutrient uptake.

### Inulin

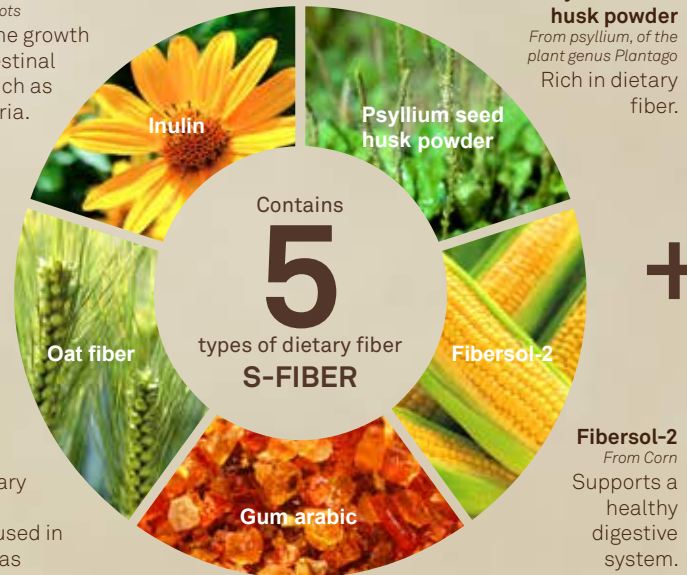
*From chicory roots*  
Promotes the growth of good intestinal bacteria, such as bifidobacteria.

### Psyllium seed husk powder

*From psyllium, of the plant genus Plantago*  
Rich in dietary fiber.

### Xylo-oligosaccharides

Promotes the growth of good intestinal bacteria.



### Oat fiber

*From Oats*  
Rich in dietary fiber and commonly used in foods such as bread and cereal.

### Fibersol-2

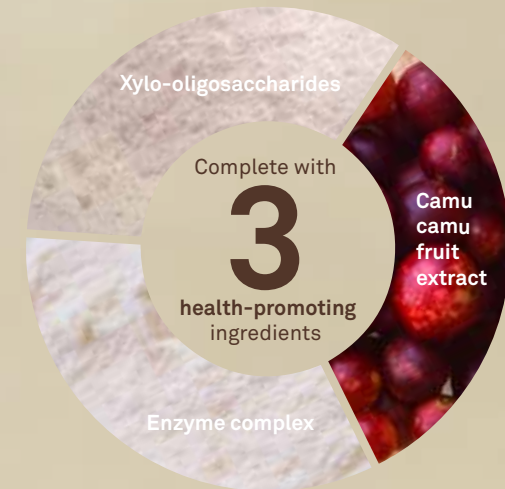
*From Corn*  
Supports a healthy digestive system.

### New!

### Gum arabic

*From the Gum Arabic Tree*  
Has superior emulsifying properties and various applications in the manufacture of food. Can help to increase sensation of fullness.

### Complete with 3 health-promoting ingredients



### Camu camu fruit extract

Rich in natural vitamin C, containing more than twice that of acerola, and 30 times that of orange.

### New & Improved! Enzyme complex

Supplements commonly deficient enzymes and fulfils a wide range of functions.

## The 4 characteristics of dietary fiber and their benefits

- 1 Water-holding capacity**  
Increases fecal bulk and softens stool by retaining water, which helps to promote regularity and prevent constipation.
- 2 Adhesion**  
Captures and binds to waste substances in the intestines.
- 3 Viscosity**  
Slows down the passage of food from the stomach to the intestines, which helps to sustain the feeling of fullness and reduce post-meal blood sugar levels.
- 4 Fermentation**  
Fermentation of dietary fiber in the intestines generates conditions conducive to the growth of good bacteria.

### PURIFICAR (Original Flavor)

Ingredients: Psyllium seed husk powder, inulin, Fibersol-2, oat fiber, xylo-oligosaccharides, camu camu, gum arabic, enzyme complex  
Contents: 144g (7.2g x 20 sachets)

### PURIFICAR (Apple Flavor)

Ingredients: Psyllium seed husk powder, inulin, Fibersol-2, oat fiber, xylo-oligosaccharides, camu camu, gum arabic, enzyme complex, sweetener (sucralose), apple flavour, malic acid  
Contents: 154g (7.7g x 20 sachets)



PURIFICAR has been awarded the Symbol of National Quality in Taiwan.

國品字第A01375號、A01377號